



excellence through honesty

NEWSLETTER

Woodanilling
PRIMARY

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1st July 2022

From the Principal

Hello everyone,

It is hard to believe we are already at the end of a rather unique term! We have faced many challenges this term, but the commitment and resilience of the students, staff and school community has allowed the students learning to continue as normal.

STAFFING UPDATE

I would like to say a huge thank you to you all for welcoming me into the Woody Primary community with open arms this term. I am looking forward to continuing as Acting Principal for the first five weeks of Term 3. Also continuing in their role for the first five weeks of Term 3 is the wonderful Tracey Kippin, whilst Kara Flugge is continuing at Katanning Senior High School during this time. We are looking forward to seeing Beth Jagers return after the school holidays, as we say thank you and goodbye to Ronael Humphris. I am sure Mrs. Humphris will be visiting us in the future, perhaps after a restful holiday!

On behalf of the staff at Woodanilling Primary School, I wish you all an enjoyable and relaxing holiday break. Please stay safe, and we will see you ready to go on Monday 18 July, for another busy and exciting term.

COVID & RAT Kits

The COVID virus, and other bugs, are currently making their way through our region. If you or your child have flu-like symptoms, please administer a RAT kit.

The school still has RAT kits available for students if you require a top up of your supply. We are unable to send them home with the children, so please pop in when you get the chance, to collect your free RAT kits and say hello.

ENROLMENTS FOR 2023

Will your child be four years old by 30th June 2023? If yes, we welcome you to enrol your child in Kindergarten at Woody for 2023!

This is only an application, and forms can be obtained from the office. If you know anybody who this applies to, please let them know.

Please come into the school office and complete the Student Enrolment Form. We encourage all enrolments to be submitted by Friday 22nd July 2022.

A current birth certificate, immunisation record and proof of address need to be sighted upon enrolment.

Please also note that students currently enrolled in Kindergarten in 2022 are required to complete an enrolment form for Pre-Primary in 2023.

If you would prefer to email the application with supporting documents you can send it to woodanilling.ps@education.edu.au

Should you require any further information, please contact the school on 9823 2600.

Kelly Hogg
Principal

School News

VOLUNTARY CONTRIBUTIONS

As you would be aware, government schools do not have school fees. What we have instead is a system called Voluntary School Contributions.

At Woodanilling PS, this is set to \$45.00 a year for each student.

We use these funds to supplement a range of resources and consumables for students such as: cooking and science ingredients, art and craft materials and teaching aids to support learning across the curriculum.

To pay your contribution, you can either pay online via direct debit to:

Account Name: Woodanilling Primary School

BSB: 066 040

Account Number: 1990 0217

If paying via direct debit, please include the child's family name in the description. If you would like to pay via cash or cheque, please come to the front office where Tracey will be able to assist you.

Thank you for your support.

P & C News

CBH REGISTERED CHARITY



Woodanilling PS P&C is now a CBH registered charity. This means, when farmers are processing their grain on LoadNet, they are now able to

nominate the P&C via our Grower Number: **40550436** to receive a grain donation. If you are unsure or require any assistance, please call the Grower Service Centre on 1800 199 083.

Please spread the word!

CONTAINERS FOR CHANGE

The P&C is now registered for the Containers for Change program. Containers for Change is a recycling program which rewards the collection of eligible containers with a refund of 10c per item. Items can be collected and delivered to a refund point in Katanning or Wagin, at which you can nominate the P&C as your donation recipient using our Scheme ID: **C10326397**

School Council

Your Woodanilling Primary School Council currently consists of 8 members who represent the Parents, Staff and P&C. All members are available should you have any concerns, questions or ideas about Woodanilling PS.

Our next meeting is scheduled for Wednesday 10th August, at 4:00pm.

Feel free to contact me at any time on bindimurray@gmail.com. We are here for you, your children and our community.

Bindi Murray

School Council Chair

Important Dates

School Holidays

Saturday 2nd – Sunday 17th July

Term 3 2022

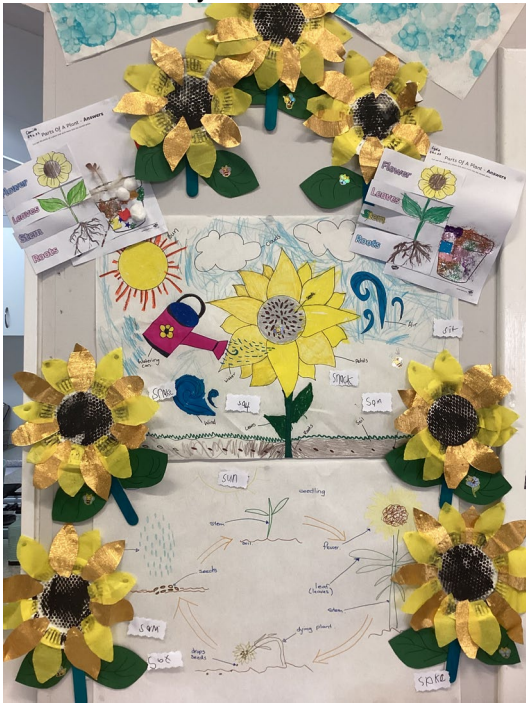
Monday 18th July – Friday 23rd September

School Development Day

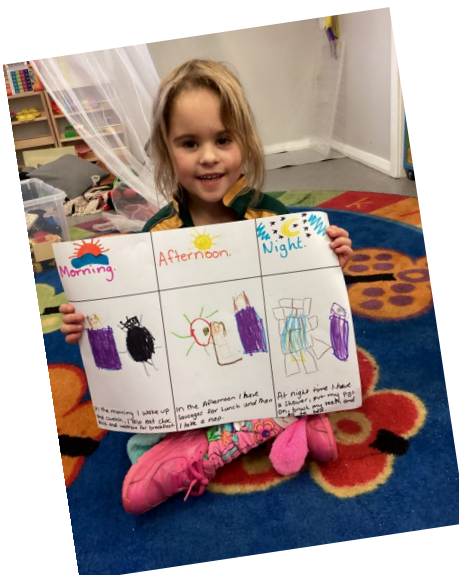
Friday 19th August

Classroom Update

Mrs Humphris, Ms Hannan and Miss Fidler have been very busy preparing creative and interesting lessons. Our younger students focused on the letter S this week and created sunflowers which have brightened up the class area immensely.



On Wednesday there was plenty of bubble fun





Today there was some hands on fun making bread. One loaf using a traditional method, the other loaf using a bread maker. Both were delicious.





Woodanilling Rangers Hockey Club

We cater for all different age groups and abilities with four different Junior teams as well as Womens B grade and Mens B grade.

Junior Competitions include;

J7 – School years 2 and 3

J11 – School years 4,5,6

Middle School – Years 7,8,9

Upper School – Years 10,11,12



We also offer trainings for Minkey Kids – school years PP and Yr1.
This is purely for experience and no game time is undertaken.

Training;

J7 and J11 - commences Monday 28th March, at 3:30 in Woody

Middle and Upper School - commences Tue 29th March, at 4:30 in Woody

Minkey – commences in Term 2.

If you would like any more information, or if you or your child are interested in playing in any of these teams, then feel free to contact us.

Juniors - Penny Shackley on 0428 228 065

Seniors – Rick Wise 0458 231 534



STEPPING STONES TRIPLE P FOR PARENTS OF A CHILD WITH A DISABILITY. IS THIS YOU?



You have a child with disability, and life seems incredibly tough. Your child may seem unwilling or unable to follow instructions or master new skills. Perhaps they have terrible tantrums or emotional meltdowns. Maybe they can't make friends or play with their siblings.

As for you, stress is a constant. Holding down a job may be too difficult. You may feel isolated from your friends, your community – perhaps even from your partner or your other children. You possibly feel guilty and don't know how to tackle your child's problem behaviour. If the pressure of raising a child with a special need is straining your family life, Stepping Stones Triple P may help.

WHAT IS STEPPING STONES TRIPLE P?

Stepping Stones is based on Triple P's positive parenting strategies. It helps you manage problem behaviour and developmental issues common in children with disability. It also helps to encourage behaviour you like, cope with stress, develop a close relationship with your child and teach your child new skills.

There are three seminars in the series (The seminars are standalone sessions, so you don't need to attend all three)

1. Positive Parenting for Children with a Disability
2. Helping your Child Reach their Potential
3. Changing Problem Behaviour into Positive Behaviour.

Seminar 1 Positive Parenting for Children with a Disability

Date: Friday 22 July, Friday 29th July and Friday 5th August

Venue: Braeside Primary School

Time: 9.00am to 11.00am

Creche can be provided if you let us know at the time of booking.

If you would like to attend, please contact Nerida Campbell at Braeside Primary School on 9821 3500



SOCIAL BADMINTON

Katanning Leisure Centre

Thursday Evenings
Commencing 7 April 2022
Concluding 3 November 2022
6.00pm - 8.00pm

Prices:
Child \$4.50
Adult \$5.60
Senior \$3.40
Spectator \$2.00

Equipment supplied, social format and courts set up
For further information please contact the
Katanning Leisure Centre on : 9821 4399





Head lice – What parents need to know

Whether your child's hair is long or short, clean or dirty, many families with school aged children and teenagers will have contact with head lice.

Be prepared and know how to treat and control head lice if there is an outbreak at your child's school.

What are head lice?

Head lice are tiny insect parasites that live in people's hair and feed on the skin on their head (scalp). They lay eggs (nits) on the hair closest to the scalp (hair shaft). Some lice can cause itching.

Head lice are not dangerous, do not carry diseases, and are not a sign of poor hygiene (cleanliness).

How do people catch head lice?

Head lice spread by head-to-head contact with another person who has head lice.

This kind of contact includes group work at school, playing or hugging.

Head lice can run from one head to another in seconds. They cannot fly, jump or swim, but they can swing from one hair to another.

Brushes and combs are unlikely to spread head lice or their eggs as they are very hard to detach from the hair shaft.

Head lice are not spread through bed linen, clothing or head gear (hats and helmets) because they do not leave the scalp unless they are moving to another person, or when they are dead or dying.

Signs and symptoms

Your scalp may itch as your skin reacts to the saliva of the head lice. This itchiness can take weeks to develop. If you have had head lice before, your skin may become less sensitive and there may be little or no itch.

You may also be able to see head lice crawling in your hair, although they can be difficult to spot as they move quickly.

- Adult lice are usually dark brown and about 2 to 3 mm long.
- Hatchlings (young lice) are often a lighter brown colour and about 1 to 2 mm long.
- Eggs will be attached to the hair shaft. They can be very tiny and hard to see, especially newly-laid eggs close to the scalp. They are grey-white and about the size of a grain of salt.

How to check for head lice

Head lice can be difficult to find.

Start by checking the hair close to the scalp, especially behind the ears and at the back of the neck. Look for lice and eggs.

If you think head lice may be present, follow these four steps:

Step 1: Apply plenty of hair conditioner (generic 'home' brands are fine) to dry hair until all hair is covered. The conditioner slows the head lice down so they can be trapped

in the comb. Comb the conditioner through the hair with an ordinary comb or brush.



Step 2: Separate the hair into sections. Gently comb each section one at a time with a metal fine-tooth 'nit comb' (available from most chemists) in four directions – forwards, backwards, left and right.

Step 3: After brushing through each section, wipe the conditioner from the comb onto a white paper towel and check towel for dark adult lice and paler hatchlings. You may need to use a magnifying glass and a strong light, such as sunlight, to see the lice, hatchlings and eggs. Continue combing and checking each section until all the hair has been checked.

Step 4: When you have finished, rinse the conditioner out and dry the hair.

It is a good idea to distract children while you check for head lice by offering them a favourite video, game or book.

How do I treat head lice?

To treat head lice you must get rid of all the lice. There are two ways to do this:

1. Try the 10-day hair conditioner and comb method
2. Buy and use head lice lotion or shampoo, and follow the instructions on the packet.

There is no need to treat the whole family unless they also have head lice.

The 10-day hair conditioner and comb method

This method is based on the **four steps** under 'How can I check for head lice?' and is repeated every other day over a 10 day period.

This method focuses on removing adult head lice from hair and breaking the egg-laying cycle.

Eggs hatch 7 to 10 days after being laid.

If you only do this method once and one or two adult head lice are missed, and the cycle of outbreaks will continue. By repeating the method over a 10 day period you increase the chance of removing all head lice until no eggs are left.

Remember – after **Step 3**, you may need to use your fingernails to remove any eggs that were missed during combing.

Head lice lotion or shampoo If you choose to use head lice lotion or shampoo always read and follow the instructions carefully. The active ingredients in these treatments are insecticides (chemicals used to kill or control insects).

Three types have been shown to be effective and safe for treating head lice. These are permethrin, pyrethrin and malathion.

Some other treatments may not have been properly tested and may be ineffective, expensive or even unsafe.

Check the product label for active ingredients.

Remember – read and follow the instructions that come with the product.



Warning

Any head lice product could cause a reaction and should not routinely be used when treating babies under six months, people with asthma, epilepsy, insecticide allergies, scalp conditions or very sensitive skin, and women who are pregnant or breastfeeding.

People who cannot use insecticides should try the 10-day hair conditioner treatment instead.

Key points about insecticides

- No head lice product is guaranteed to kill all eggs. Eggs which are not killed or removed manually will hatch 7 to 10 days after being laid.
- Before using the insecticide, rinse out any hair conditioner as it may stop the insecticide from working.
- If applying the treatment to someone else, cover their eyes to avoid getting the treatment in the person's eyes. A towel is a good way to do this.
- Following treatment, remove as many remaining eggs as possible with your fingernails. You may need to use a magnifying glass and a strong light, such as sunlight, to do this. Concentrate on 'live' eggs, which are found within 1 cm of the scalp.
- Some head lice may be resistant to an insecticide and will still be alive the morning after the treatment. If this happens, thoroughly wash out the first product and re-treat the hair the same day with a product containing a different insecticide. Alternatively, change to the 10-day hair conditioner treatment instead.

- To prevent skin irritation, do not repeat insecticide treatment more than three times, one week apart.

Household cleaning

Head lice and eggs do not survive long away from the scalp as they are human parasites.

Only pillowcases need to be washed and this should be done on the first day of treatment.

Important information for school-aged children

Under the *School Education Act 1999*, if your child has head lice a principal may keep him or her away from school until treatment has started.

Your child may return to school when all live head lice have been removed.

There is no need to stay away from school if there are only a few remaining eggs, but you must continue treatment over the following ten days to ensure that all eggs and hatchlings have been removed.

This document can be made available in alternative formats on request for a person with a disability.

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KATANNING LEISURE CENTRE

Term 2 —2022

Group Fitness Timetable

CLASSES TO COMMENCE THE WEEK OF 2 MAY 2022

| TIME | MON | TUES | WED | THURS | FRI |
|---------|-----------------------------|---|-----|--|-----|
| 9.30 am | | LADIES CIRCUIT 60 Mins <small>Creche Available</small> | | | |
| 1.30pm | | Seniors Gym <small>Commence 03/05</small> | | Seniors Gym <small>Commencing 28/04</small> | |
| 6.00pm | HIIT STEP 30 mins | Cardio Box 45 Mins | | SHAPE UP <small>(weight training)</small> 45 Mins | |

HIITSTEP - An innovative 30 minute HIIT exercise class using only bodyweight and a STEP Improve your power, speed, coordination, agility and endurance.

Ladies Circuit—Based in the gym utilizing weight machines, body weight exercises, free weights, cardio machines. This class is a great way to become familiar with machines in a group setting with a motivating instructor.

Senior's Gym Over 55's: A gym-based workout with a fitness leader to help you build strength and stamina. Personalized programs and group activities to keep you motivated and fit!

Cardio Box—Combination of Boxing and cardio stations to smash your exercise goals, release built up tension all while building self confidence and lowering overall stress levels. This workout is low impact on joints but high intensity.

Shape Up—A fun and fast 60 minute body pump inspired weight training Workout set to Tabata Style music, great for strength and toning.

Gold Members — FREE

Non Members - \$11.50/hr class OR \$6.00/half hour class

Health & Fitness Class Tickets & Express Fitness Class Tickets Available

Seniors Gym Fully Funded—FREE

Creche—Members \$ 3.40 Non Member \$5.60

BLUE LIGHT ROLLER DISCO



Prizes to be won



Katanning Police & Katanning Leisure Centre invite you for a fun filled night of Rollerblading & Dancing Away with DJ Kim

**FRIDAY
1 JULY 2022**

Katanning Leisure Centre

5:30PM-8:00PM





Katanning Leisure Centre's School Holiday program is for kids aged 6-13

JULY SCHOOL HOLIDAYS



| | | | | |
|--|--|--|--|--|
| <p>MONDAY 4</p> <p>Rollerblading</p> <p>Kick off the start of school holidays with a fun filled morning of rollerblading.</p> <p>9am-11am</p> <p>\$ 7.00</p> | <p>TUESDAY 5</p> <p>Apple Cooking</p> <p>COME ALONG AND LEARN TO COOK WITH APPLES FOR APPLE TURNOVER DAY</p> <p>9am-11am</p> <p>\$10.00</p> | <p>WEDNESDAY 6</p> <p>Music Morning</p> <p>Bring along your creativity and make a musical instrument to create at KLC Show</p> <p>9am-11am</p> <p>\$7.00</p> | <p>THURSDAY 7</p> <p>Craft & Science</p> <p>Get your racing shoes on and come along and build some cars or create a iron bead frame masterpiece.</p> <p>9am-11am</p> <p>\$ 10.00</p> | <p>FRIDAY 8</p> <p>Rollerblading</p> <p>A fun filled morning of skating away with your friends.</p> <p>9am-11am</p> <p>\$ 7.00</p> |
| <p>MONDAY 11</p> <p>Rollerblading</p> <p>Come along to the last Rollerblading session of the school holidays</p> <p>9am-11am</p> <p>\$ 7.00</p> | <p>TUESDAY 12</p> <p>Indoor Multi Sports</p> <p>Come along for a fun filled morning a have a go at our indoor multi sports morning.</p> <p>9am-11am</p> <p>\$ 5.00</p> | <p>WEDNESDAY 13</p> <p>Lego Buliding</p> <p>Come Along a build masterpiece to be displayed at the KLC.</p> <p>9am-11am</p> <p>\$ 7.00</p> | <p>THURSDAY 14</p> <p>Savoury Cooking</p> <p>Come Along and cook all things Mac & Cheese based</p> <p>9am-11am</p> <p>\$ 7.00</p> | <p>FRIDAY 15</p> <p>Laserscapes</p> <p>Join Katanning Police for a fun filled morning of Laserscapes Children 8 and above.</p> <p>GOLD COIN DONATION</p> <p>Children 6-8 will have craft activities & Lego in the Creche</p> <p>9am-11am</p> |

BOOKINGS ARE ESSENTIAL! FORMS AVAILABLE AT THE KATANNING LEISURE CENTRE EMAIL STEPH FOR ONLINE FORMS.

Term 3 2022

| TERM 3 | | | | | | | |
|--------|----------------------------------|---------|--|---------------|---|-----------|--------|
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| 1 | 18 | 19 | 20 | 21 | 22 Golf Clinic 1:30-2:15pm | 23 | 24 |
| 2 | 25 | 26 | 27 | 28 | 29 National Tree Planting Day Golf Clinic 1:30-2:15pm | 30 | 31 |
| 3 | 1 August | 2 | 3 | 4 | 5 Golf Clinic 1:30-2:15pm | 6 | 7 |
| 4 | 8 | 9 | 10 | 11 | 12 Golf Clinic 1:30-2:15pm | 13 | 14 |
| 5 | 15 National Science Week STEM | 16 | 17 | 18 | 19 SDD | 20 | 21 |
| 6 | 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 7 | 29 | 30 | 31 | 1 September | 2 Sports Carnival Broomehill | 3 | 4 |
| 8 | 5 | 6 | 7 | 8 RUOK Day | 9 | 10 | 11 |
| 9 | 12 | 13 | 14 Musica Viva Adam Hall & the VP Concert 1pm | 15 | 16 | 17 | 18 |
| 10 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| HOLS | 26 Queens Birthday PH | 27 | 28 | 29 | 30 | 1 October | 2 |
| HOLS | 3 | 4 | 5 | 6 | 7 | 8 | 9 |